# **Community Bulletin**

for Fortnight Ending 19/03/2021



# **Women's Rights are Human Rights**

**#ChooseToChallenge** 

While Compass School marked International Women's Day celebrating the achievements and contributions of women to our world, the events surrounding the kidnap and murder of Sarah Everard and the ensuing protests have given much cause for reflection.

This year's theme for International Women's Day was,

'Choose to Challenge'

"We can all choose to challenge and call out gender bias and inequality. We can all choose to seek out and celebrate women's achievements. Collectively, we can all help create an inclusive world. From challenge comes change, so let's all, choose to challenge."

www.internationalwomensday.com

Like the Black Lives Matter movement in its quest for equality, Reclaim the Streets aims to place the safety of women at the forefront of our minds so that there is genuine equality of opportunity for women.

As a school, we aim to be a force for good in our society so our pupils can confidently reach the destination to which they aspire. For us, challenge is good, it helps us reflect on what we are doing



to remove obstacles and ensure girls go into the world not only well-qualified and self-assured but confident and safe in the knowledge that they can continue to expect to be met with equality and respect. This is only possible if all members of our society place equal importance on the continued education of boys and men to recognise and respect the position of women and embrace their own responsibility in ensuring girls and women feel respected and safe to lead their lives in peace and prosperity.

Our <u>Esteem</u> programme educates girls and boys across the school about healthy relationships and respecting themselves and others. In school we have a no touching policy to ensure each person's personal space is respected. We have bespoke mentoring for girls including the <u>Milk and Honey</u> programme for girls in Years 9-11, <u>Future Men</u> groups and internal mentoring for girls in Years 7 and 8. We are about to work with Bank of America in the City of London to explore further opportunities for mentoring girls across the school.

I am proud that Compass School's staffing reflects a culture where there is no glass ceiling for female employees. 75% of the senior leadership team are female as well as all the heads of our core departments. There is always more work to do, and I'd like to reaffirm our commitment to an education that is truly inclusive.

### DATES FOR YOUR DIARY

MARCH

Break up for Easter, normal school day - 31st March

Summer Term begins - 19th April Year 10 Assessments Week begins - 19th April Year 7 Parents' Eve' - 26th April 4:00 - 7:00pm

Bank Holiday - 03rd May Year 9 Parents' Eve' - 17th May 4:00 - 7:00pm Half term Holiday - 31st May - 4th June



Our featured artwork to celebrate Women's History Month is by Year 8 student, Greta Pezzolato

Please see links to our <u>Twitter</u> page, <u>Compass School Website</u> and for our <u>Facebook</u> page.

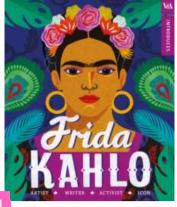
# **International Women's Day**

Compass school reflects on Women's History and Life Today

"No struggle can ever succeed without women participating side by side with men. there are two powers in the world; one is the sword and the other is the pen. There is a third power stronger than both, that of women." Malala Yousafzai



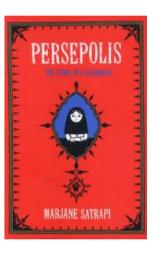




Powerful #ChooseToChallenge discussion starter





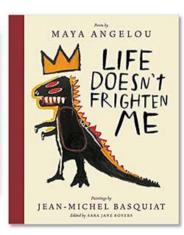


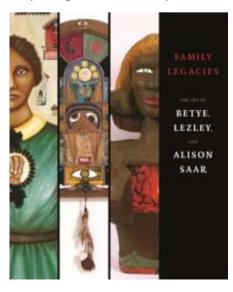
### Women's History Month and World Poetry Day

Students explored the many contributions to our world by women and girls, women's position in history and women and girls' lives today. Our Year 8 Jack Petchey winner, Greta Pezzolato not only created this fantastic artwork (featured on on our cover page), but agreed the final list of books to be added to our school library imminently. She has written an article about the experience which will be featured in the upcoming issue of Our Journey!









### **British Science Week!**

Year 7 students, Elsie Muldowney, Shannon Cruse and Scarlet McSweeney led the way with an awesome presentation shared with all students! Well done!

British Science Week asked students to explore and innovate, these young women have extolled our school value of exploration with their presentation - these slides are just a snippet!





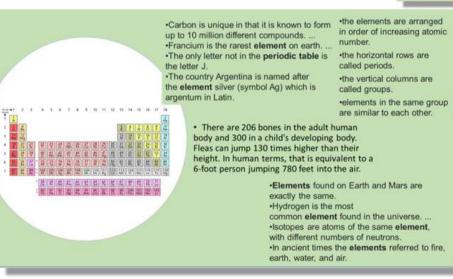
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International Current

also

merged

**Main System** 



### **Egg-specting Some New Arrivals!**

With British Science Week and Easter being so close together, our wonderful science team decided a practical experiment (or eggsperiment!) would be welcome - particularly after all the time we have spent apart. It was an excellent (or eggcellent!) idea and brought a lot of joy to us all!



## Wellbeing

#### **Mental Health**

Compass students are regularly reminded to take care to look after their physical and mental wellbeing. We have continued to encourage students to express themselves through the arts, through speaking and taking time out to walk, exercise, listen to audio-books or read for pleasure.

Over the last ten days or so, staff and students have all had improved wellbeing from visiting the newly-hatched chicks. All who have done so, have left feeling calm and relaxed; seeing this new life has brought joy to all! Thank you to Nathan B in Year 8 for taking the photos seen here!









"Animals are such agreeable friends they ask no questions, they pass no criticisms." - George Eliot Mary Ann Evans, known by her pen name George Eliot, was an English novelist, poet, journalist, translator and one of the leading writers of the Victorian era. She wrote seven novels, Adam Bede, The Mill on the Floss, Silas Marner, Romola, Felix Holt, the Radical, Middlemarch and Daniel Deronda.



# The Library Celebrated International Women's Day and World Poetry Day 2021!



#### **Excellent Exploration!**

Well done to students who have explored the emails sent to celebrate the work of these impressive women!



**Academic Excellence!** 



Anita Ganeri is a prolific author of children's books on the sciences!

Chi-chi Nwanoku OBE, ex-sprinter, double bass player and founder of Chineke Foundation.

Ms Quigley has continued to send emails to students with opportunities to engage with fiction, non-fiction, news and activities in as many different ways as is possible. Please encourage your child/ren to make time to read their emails, be curious and use their school value of exploration as often as they can! Please see the end of the bulletin for World Poetry Day activities.

Audible is currently free to listen <u>here</u>. Explore special author events <u>here</u>, you can read two chapters of Kirsty Applebaum's new book <u>here</u>, Escape Rooms <u>here</u> and Tedtalks <u>here</u>.

World Book Night is coming, Ms Quigley is a World Book Night book giver, please email squigley@compass-schools.com if you'd like a copy of 'Taking Up Space' by Chelsea Kwaye and Ore Ogunbiyi.

# **Awesome Art!**

### **Amazing Aspiration!**



We're so impressed with your Year 8 mural project Mohamad N!





Well done Naomi J in Year 9 for your amazing portrait work!



A great piece of work for Art in the Community Lily-Mae V!

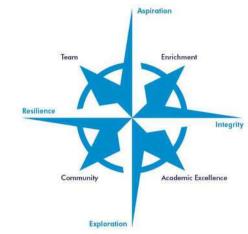
Awesome pieces of work for the Year 9 Inspirational Portraits project by Lucy L!

### Values Matter

Whether apart or together, on or offsite, our school values drive our community. Many congratulations to students who are extolling our values and accruing house-points!

### **Integrity and Exploraton! Recent House-Point Heroes**







### **Awesome Aspiration!**

### **Exceptional Enrichment!**

We are so proud of the way students have been embracing the new sports equipment outside! Many thanks go to our governors for the new basketball hoops and table-tennis tables!

## **Healthy Family Meals for Around Five Pounds!**

Contribute to our Cookbook!

Have you got a cheap, cheerful and healthy recipe you'd be willing to share with the Eat This and Beat This! Compass Community? We are aiming to create a cookbook this term to share with evervone!

### Cauliflower and Chick-pea Curry

Pre-heat your oven to 180. Wash and chop your cauliflower into florets, quarters or eighths and put in a large oiled baking tray. Sprinkle your spices, salt and garlic over the florets and slake with half a cup of water, pour your tin of tomatoes over this, breaking them up with a fork. Cover with foil or another baking tray and bake for 40 minutes, then uncover and stir the chickpeas into the mix. Cover again and cook for a final 10 minutes. Fresh coriander is very nice chopped and sprinkled on top.

Eat, enjoy and star-rate, then email your opinion (and a recipe) to Ms Quigley squigley@compass-schools.com

Ingredients 1 whole Cauliflower 1 tin of Chickpeas 1tin of Tomatoes 1 large Onion Garlic Sunflower Oil

Curry powder Cumin

Garam Masala Coriander bunch











### **Exploration Anyone?**

### **Opportunities for Students to be Inspired to Express Themselves**

For some time we have been explicitly observing Mental Health and the importance of young people being able to express themselves. It is right that this is highlighted, as in these times more than ever, it's great for students to take opportunities to participate in open discussions and be creative in expressing what is important to them.

Here are some opportunities in addition to those in previous issues of the bulletin, on our  $\underline{\text{Virtual School Page}}$  and our  $\underline{\text{Wellbeing}}$  guidance.

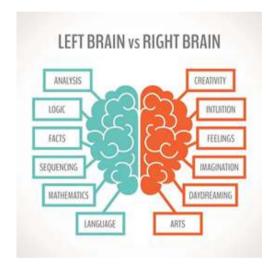
### **Celebrating World Poetry Day**

Students have been asked to contribute to another event in our calendar that you may like to encourage them to explore. World Poetry Day was on Sunday the 21st of March!

Poetry, the writing and studying of, is a fantastic medium for exploration and expression! They can choose any subject (maybe from recent events), all we ask is an original piece! There will be prizes!

Students can think along the lines of of Rap, song lyrics, Hiphop...this is writing without the usual rules...much like or even the same as, poetry!

Do they have a favourite poem? Do they know a poem in a language other than English?



#### Check out:

Inspiring Female Poets
The Poetry Station
Desiderata by Max Ehrmann written in 1927







